



PS Kids Transition Resource Bank 2018

Adapt-Ability, Inc.

9355 Dielman Industrial Drive

St. Louis, MO 63132

Phone: 314-432-1101

Website: <http://www.adapt-ability.org/>

Adapt-Ability, Inc. is an independent, non-profit, charitable organization with services including jobsite accommodation, home modification, customized wheelchairs, computer access, assistive communication, training, occupational therapy, and funding location and assistance. Adapt-Ability, Inc. aims to enable people with disabilities through technology.

Artists First STL

7190 Manchester Rd.

Maplewood, MO 63143

Phone: 314-781-4440

Website: www.artistsfirststl.org

Artists First offers art-based programs throughout the greater Saint Louis area serving aspiring artists 18 and older whose lives are challenged by developmental disabilities, pervasive mental illness, and/or traumatic brain injury. All programs are centrally located and take place in accessible buildings. Artists First staff have extensive experience working with people with disabilities, as well as individuals with different learning styles and abilities. Classes cost \$5/hour in order to provide material and instruction that can be paid monthly.

Canterbury Enterprises

7228 Weil Ave.

St. Louis, MO 63119

314-781-3999

Contact: Charles Fischer, Workshop Manager

Website: www.canterburyinc.org

Canterbury Enterprises is a sheltered workshop where people with disabilities in St. Louis County and City are employed. Here, people can take part in meaningful work through completing tasks such as working on light assembly lines, packaging, labeling, mailing, and more. Employees work towards client-centered, job-related goals and are educated on appropriate work behavior in group and one-on-one situations. The staff at Canterbury Enterprises also communicate with the counselors, residential services, case managers and family of their employees. This sheltered workshop is constantly changing to ensure their employees feel successful and are contributing members of society.



Community Living, Inc.

1040 St. Peters Howell Road
St. Peters, MO 63376
636-970-2800
Website: www.communitylivingmo.org

Community Living, Inc. offers a variety of resources for adults with developmental disabilities. The first is adult recreation and leisure opportunities where adults with developmental disabilities can join any of their 50+ programs depending on interests. Employment services are also offered, where staff have the ability to assist clients find potential jobs, create resumes, and provide specific training for job-related skills. Respite services allow for parents or caregivers to have a place to take their loved one in times where they may need a break. They offer both in-home and out-of-home options. Monday through Friday day-programs are offered for adults with disabilities where individuals can participate in meaningful activities with others. Individuals needing assistance with residential services can also turn to Community Living, Inc. for assistance. They can provide different amounts of assistance in homes of their client's choosing within the community, depending on the needs of the client. Most programs require participants to be 18 years or older, however the day-programs require adults to be 20-years-old.

Creative Concepts for Living, Inc.

7125 North Lindbergh
Hazelwood, MO 63042
314-731-0075
Contact: Charles Fischer, Workshop Manager
Website: www.ccliving.org

Creative Concepts for Living is an independent supported living company that provides services for people with developmental disabilities, those with multiple physical disabilities, and/or visual or hearing impairments who are 18 or older. The clients work on life skills and self-care skills in order to become more independent and support themselves. Staff is available at all times and to ensure safety for the individuals. They can live with up to two roommates and have the ability to live in their own homes or apartments within their communities. The clients are funded through the Missouri Department of Mental Health Medicaid Program. Clients are responsible for their own room and board expenses (which is frequently covered by social security benefits) but there is no fee for services by Creative Concepts for Living.

Delta Center

3837 McClay Road, Suite T,
St Peters, MO 63376
636-926-8761
Website: www.dcil.org

Delta Center partners with people with disabilities and their communities to remove barriers to independent living. They have the resources to provide equipment such as adaptive telephones, assistive devices and DME, and low-vision aids in order for individuals to continue living independently. They also offer skills training such as money management, cooking, and information on community resources to better prepare someone to move into an independent living situation. If independent living is not the best choice for the client, Delta Center can make referrals to assisted living facilities that may better meet their needs. Services through Delta Center are offered to individuals 18 and older and are provided in the Missouri counties of St. Charles, Lincoln, and Warren.

Disabled Athletes Sports Association (DASA)

1236 Jungermann RD., Suite A
St. Peters, MO 63376
636-477-0716
Website: <http://www.dasasports.org/>

DASA encourages individuals from 5 years to adults with a wide range of disabilities to participate in athletic programs in order to reach their highest level of independence and to become as involved as they can with their non-disabled peers and their community as a whole. They offer a wide variety of recreational sports that occur throughout the year such as archery, power soccer, rock climbing, and martial arts to name a few. For individuals at a higher skill and competitive level, DASA also has competitive teams such as wheelchair rugby, sled hockey and swim team. There are also overnight or day summer camp opportunities as well that individuals can attend. To be a member of DASA, you must be an individual with a permanent physical, visual, or hearing impairment who is cognitively able to follow rules of a game without assistance. The cost for membership depends on the program you are interested in.

Independence Center

4245 Forest Park Ave.
314-533-4245
Website: www.independencecenter.org

Independence Center is a community-based rehabilitation program for adults with severe and persistent mental illnesses in the St. Louis area. Here, they promote rehabilitation and employment, provides educational, social and housing opportunities and offer skills training. Independence Center is a clubhouse, which means each member contributes to its success. This can be done through ways such as preparing meals in the restaurant or snack bar, giving tours, or teaching a class in the wellness center. Independence Center believes that work is essential and provides many services for individuals with mental illnesses to gain employment opportunities. These can include interview training, resume preparation, and on-the-job training and supports. Members also have the opportunity to live in affordable independent living or 24-hour supportive care. Independence Center is also paired with Barnes Jewish Hospital and is able to provide nursing care and case-management to those individuals who could also benefit from this service.

Industrial Aid

4417 Oleatha Ave. 63116
314-773-3200
Website: www.industrialaid.com

Industrial Aid is an extended employment sheltered workshop, employing adults with disabilities to perform subcontract packaging and assembly in a supportive, light-industrial environment. Each person's ability is focused on, rather than their disability. People of all ability levels are hired and work ranges from hand assemblies to high speed packaging lines. In order to obtain employment, individuals must be referred, and proof of disability and date of onset is required. Industrial aid also works with community-based agencies to provide referrals and support for their employee's lives outside of work.

MPACT Parent Training and Information

Website: <http://www.missouriparentsact.org>

Missouri Parents ACT is a helpful online resource for parents and families looking for answers and information. They provide resources covering a wide range of topics, trainings, and one-on-one assistance depending on the specific needs of the family. Information and tips regarding the transition period of a child's life can be found on the following PDF documents:

- Parenting Tips on Transition PDF
 - <http://www.missouriparentsact.org/6-14-17-parent-tips-on-transition/>
- Transition Resources: Fact Sheet for Families PDF
 - <http://www.missouriparentsact.org/6-14-17-transition-resources-fact-sheet/>



Next Step for Life

PO Box 97
Mapaville, MO
(636) 282-4421 or (636) 937-1701
info@nextstepforlife.org
Website: <http://www.nextstepforlife.org>

Next Step for Life provides services through supportive programs within five service areas: Community Supports, Employment, Family Supports, Leisure, and Residential. They work with individuals and their families to meet their needs by coordinating services that provide access to educational, employment, housing, and socialization opportunities. Next Step's programs and services promote independence by offering freedom to make choices in a supportive, encouraging environment.

Paraquad

5240 Oakland Ave.
St. Louis, MO 63110
(314)-289-4200
Website: <https://www.paraquad.org>

Paraquad serves individuals of all ages from children to senior citizens living in the St. Louis area. These individuals have a wide variety of disabilities including physical, cognitive, visual, auditory, and mental/emotional. They offer numerous programs and serves such as personal care attendant services, independent living services, youth and family services, Deaf Way Interpreting services, Health and Wellness center, assistive technology, employment services, and education programs.

Places for People

4130 Lindell Boulevard
St. Louis, MO 63108
Intake Process Phone: (314) 615-9105 ext. 348
Email: info@placesforpeople.org
Website: <https://www.placesforpeople.org>

Places for people serves individuals who have a mental health diagnosis and/or a substance use diagnosis who live in St. Louis City or St. Louis County. Services they offer include outpatient services which includes psychiatry and/or other necessary therapies, and case management services which may include psychiatry, therapy, and care coordination led by a team of case workers. Services offered include medical services, housing, Multisystem Therapy, The Recovery Center, Path (helping those who have HIV and a mental illness together), employment services, and therapy.

Pony Bird, Inc.

1 Pony Bird Lane
Mapaville MO 63065
(636) 931-5818
Email: development@ponybird.org
Website: <https://www.ponybird.info>

Pony Bird offers services to individuals who are non-ambulatory with developmental disabilities. They offer recreation and community integration throughout the year such as the St. Louis Zoo or a Cardinal Game. Day services include daily therapeutic activities that address increasing independence, physical capabilities, communication skills, and choice/decision-making. They offer residential services that include 24-hour personal care, medical care, dietary management, recreation opportunities, and occupational, physical, and speech therapies as recommended. There are private placement options as well as long as the individual qualifies under Pony Bird's Admission Criteria. They offer overnight and day respite for families as long as it does not exceed 2 weeks during any one visit. Respite care includes 24-hour personal care such as medical, dietary management, and participation in daily activities.



Rainbow Village Properties Inc.

1240 Dautel Lane St. Louis, MO 63146
(314) 567-1522
Email: mrea@rbvstl.org
Website: www.rbvstl.org/

Contact Info to Get into a Rainbow Home:

St. Louis County--(314) 587-4800
St. Louis City--(314) 244-8800
Jefferson County-- (636) 931-5720
St. Charles County--(636) 926-1200

Rainbow Village is a non-profit organization that provides homes for individuals with developmental disabilities. They purchase homes, renovate them, and maintain them with the help of their support agencies who provide in-home services for the clients. It is important to them to provide housing throughout the community so that the individuals can experience what community living feels like. To be eligible to move into a Rainbow house, the individual must receive services from one of their 17 support service agency partners. (There is a list of these partners on their website). There are homes in the St. Louis County, St. Louis City, Jefferson County, and St. Charles County.

Show-Me-Careers

UMKC Institute for Human Development
215 W. Pershing Rd., 6th floor Kansas City, MO 64108-2639
816-235-1777 (Kansas City) | 816-235-1762 (fax)
Website: <http://showmecareers.org>

Show-Me-Careers aims to assist young adults with intellectual and developmental disabilities ranging from ages 16-30 who are beginning to transition into employment. Show-Me-Careers has a variety of resources online that address areas such as career planning, family involvement, and post-secondary education training.

SSM Health Occupational Therapy

Kirkwood South 1001 South Kirkwood Rd. Suite 140 Kirkwood, MO 63122 (314)-821-6369	Arnold Day Institute 4 Arnold Mall Arnold, MO 63010 (636)-282-0057
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Bridgeton Day Institute 12380 DePaul Dr. Bridgeton, MO 63044 (314)-447-9711	Florissant Day Institute 3501 Dunn Rd. Suite 108 Florissant, MO 63033
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Website: <https://www.ssmphysicaltherapy.com/services/specialty-services/occupational-therapy/>

SSM Health Occupational Therapists promote independence and safety with people of all ages during activities of daily living such as self-care, home maintenance, medication and money management, return to work, pre-driving and community skills. They are experts in evaluation of the motor, sensory, cognitive and perceptual deficits, which interfere with independent living. They work with the patient to develop a comprehensive patient focused treatment plan.



St. Louis Arc

1177 N. Warson Rd.
St. Louis, MO 63132
314-569-2211
Website: www.slarc.org

St. Louis Arc is a unique agency that is made up of programs that cover the entire lifespan. From prenatal and infancy programs to aging geriatric populations, St. Louis Arc works to ensure the needs of every individual are met. Their Transition into Adulthood program assists individuals 16-30 who may be entering into the “real world” for the first time or have set goals to do that. Through this program, these individuals learn skills to live independently and connect with resources in the community to make friends and build relationships with others. Day Programs, sports and recreation, and social programs are also available to adult populations.

St. Louis HELP

9709 Dielman Rock Island Industrial Dr.
St. Louis MO 63132
(314)-567-4700
Website: <https://www.stlhelp.org>

Home medical equipment and devices are not always those that come at a low cost to individuals. St. Louis HELP’s goal is to aid anyone and everyone in need of these necessities. St. Louis HELP accepts donations of home medical equipment that they then clean in order to loan to those in need for free. These can include but are not limited to wheelchairs, walkers, shower chairs/tub-transfer benches, portable commodes and even hospital beds. St. Louis HELP believes that providing this equipment to individuals empowers them to live more independent lives.

St. Louis Life

929 Rolling Thunder Drive
O’Fallon, MO 63368
Phone: 636.561.1900
Email: Info@stlouislife.org
Website: <http://stlouislife.org>

St. Louis Life is a community-based, structured, residential program for young adults, ages 19-35, who have been diagnosed with a developmental disability. This program allows residents to work and live within the community, while encouraging independent decision-making regarding many aspects of their life. This community program includes various components such as recreation, social opportunities, employment and volunteering, life skills assistance, and more.

St. Louis Regional Center

314-244-8800
111 N 7th St,
St. Louis MO 63101
Website: <https://dmh.mo.gov/dd/facilities/stlouis.html>

The St. Louis County Regional Center is the office for the Division of Developmental Disabilities. The Division of Developmental Disabilities serves disabilities such as intellectual disabilities, cerebral palsy, head injuries, autism, epilepsy, and certain learning disabilities. In order to qualify for services through their office, the individual must have a disability that occurred before the age of 22 with the expectation that the condition will continue throughout their life. The disability must substantially impact their independence and function during daily activities.



St. Louis Wheelchair Athletic Association

6420 Clayton Rd.

St. Louis, MO 63117

Phone: 314-768-5325

Website: <https://www.nchpad.org/Directories/Organizations/2187/St~Louis~Wheelchair~Athlete~Association>

St. Louis Wheelchair Athletic Association is a non-profit organization partnered with SSM Rehabilitation Institute, that provides wheelchair sports for individuals of all ages, who have a permanent physical disability. Their goal is for individuals with disabilities to improve physical function through sports, and therefore, improving the quality of life. The programs offered include wheelchair basketball, track and field, road racing, softball, quad rugby, tennis, scuba diving, water skiing, tennis, golf, snow skiing, and more.

St. Louis Wheelchair

5240 Oakland Ave., Suite A

St. Louis, MO 63110

Phone: (314)-291-9900

Contact: <http://stlouiswheelchair.com/contact-us/>

Website: <http://stlouiswheelchair.com>

St. Louis Wheelchair is a locally owned and operated durable medical equipment provider located within Paraquad specializing in complex rehab wheelchairs, home accessibility, and diabetic shoes and inserts. They provide mobility solutions including wheelchair customization, maintenance, and repair. Their home accessibility services include home modifications for problem areas in the client's home. They strive to improve the lives of people with conditions like MS, spinal cord injuries, cerebral palsy and other conditions, by allowing them to remain active within their community.

Transitional Life Solutions

46 Ladue Ter

St. Louis, MO 63124

Phone: 314-560-6159

Email: info@transitionallifesolutions.com

Website: <http://transitionallifesolutions.com/>

Transitional Life Solutions provides support services for individuals by facilitating them in conquering challenging life transitions. Individuals do not have to have a formal diagnosis to receive services. They offer services that could be helpful across the lifespan. These services include assistance with high school and/or college planning, finding job that fits the interests of the client, addressing social and interpersonal skills, and many others. All treatments include training, counseling, coaching, role modeling, and behavioral supports as necessary to facilitate long term success.

United Access

North Location:

9389 Natural Bridge Rd.

St. Louis, MO 63134

Phone: (314)-989-1010

Email: info@unitedaccess.com

Website: <https://www.unitedaccess.com>

South Location:

980 S Highway Dr.

Fenton, MO 63026

Phone: (314)-292-5150

Email: info@unitedaccess.com

United Access is company that provides assistance in getting clients wheelchair accessible vehicles and equipment. The staff will help the individual to determine which funding source will help them pay for their new van/truck/SUV or driving related equipment such as wheelchair lifts or ramps, hand controls, and other various options.

Vocational Rehabilitation

St. Louis North VR
4040 Seven Hills Drive, Ste. 257
Florissant, MO 63033
Phone: (314) 475-7999
Fax: (314) 877-3201
Contact: Lydia Mitchell, Supervisor

St. Louis West / Transition VR
9900 Page Ave Ste 104
St. Louis, MO 63132
Phone: (314) 587-4877
Fax: (314) 877-1530
Contact: Karen Klenke, Supervisor
Website: <https://dese.mo.gov/adult-learning-rehabilitation-services/vocational-rehabilitation>

St. Louis South VR
3256 Laclede Station Rd., Ste 103
St. Louis, MO 63143
Phone: (314) 877-1900
Fax: (314) 877-1920
Contact: Beth Dauber, Supervisor

St. Louis Downtown VR
220 S. Jefferson Ave., Ste
St. Louis, MO 63103
Phone: (314) 877-2940
Fax: (314) 877-2959
Contact: Kim Chaplin, Supervisor

Vocational Rehabilitation (VR) focuses on resources for employment for individuals with disabilities that are having difficulties securing a job. The counselors at VR are there to assist with treatment decisions VR caters to each individual's needs by offering a variety of services such as guidance and counseling, job-seeking skills and job placement, and vocational training. Eligibility for services includes having a physical or mental impairment that causes problems with working, needing VR services to obtain and maintain successful employment, and having a valid work permit. While VR typically helps those of working age, some programs are available to high school students to prepare them for transition from school to work. To apply for services, you can set up an appointment or walk-ins are also welcome. Payment is dependent on your income and resources, so you may be required to pay some or all of the costs of services.

Willows Way

800 Friedens Road, Suite 100
St. Charles, MO 63303
Phone: 636-947-6591
Fax: 636-947-7385
Website: www.willowsaway.org

Willows way provides individualized supported living (ils) consisting of in-home services 24 hours a day based on person-centered planning for the benefit of people with developmental or intellectual disabilities. Supports are developed based on the individual's needs and may focus on areas like recreational, social, medical, personal care, transportation, and financial/budget planning. Willows way also offers an Individualized Skills Development program for clients who are not yet living independently but are looking for help in preparation. The Individualized Skills Development program can help with menu planning ideas for healthy living, comparison shopping for techniques, developing and improving home skills (laundry, cleaning dishes, etc.), budgeting and managing bill payment strategies and more. Reaching Independence Through Social Engagement (RISE) is another option that Willows Way offers as a community involvement option. Examples include yoga, Zumba, plays and productions, bingo, painting and drawing, and bowling.

YMCA

Gateway Region YMCA
326 South 21st Street, 4th floor
Saint Louis, MO 63103
Inclusion Services Department: 314-678-0162
Website: <https://www.gwrymca.org/program/inclusion-services>

The YMCA offers an Integrated Fitness Services Program that provides opportunities for people with developmental disabilities to be engaged in a number of programs. A variety of activities are offered through the YMCA by the trained staff who work to make sure each individual is comfortable and able to succeed. Some of the activities include, aerobics, aquatics, strength training, and more. Membership for young adults, ages 18-29, costs approximately \$27 per month with a one-time joining fee of \$50. All services and programs are free with a membership. There are various locations around the St. Louis area. Their address and contact information can be found on their website.

PS Kids Resource Guide Reference Table

Agency	Housing	Work	Community Involvement	Day Programs	Outpatient	Parent Education/ Support	Mobility	Life Skills
Adapt-Ability, Inc.		✓						
Artists First			✓					
Canterbury Enterprises		✓						
Community Living, Inc.	✓	✓	✓					✓
Creative Concepts for Living		✓	✓					✓
Delta Center	✓		✓					✓
Disabled Athletes Sports Association (DASA)			✓					
Independence Center	✓	✓	✓	✓				✓
Industrial Aid		✓						
MPACT Parent Training and Information						✓		
Next Step for Life	✓	✓	✓			✓		✓
Paraquad	✓	✓	✓			✓		✓
Places for People	✓	✓	✓		✓	✓		✓
Pony Bird, Inc.	✓		✓	✓		✓		

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Agency	Housing	Work	Community Involvement	Day Programs	Outpatient	Parent Education/ Support	Mobility	Life Skills
Rainbow Village Properties	✓							
Show-Me-Careers		✓						
SSM Health Occupational Therapy					✓			✓
St. Louis Arc	✓	✓	✓	✓		✓		✓
St. Louis HELP							✓	
St. Louis Life	✓	✓	✓	✓				✓
St. Louis Regional Center	✓	✓				✓		
St. Louis Wheelchair Athletic Association			✓					
St. Louis Wheelchair							✓	
Transitional Life Solutions	✓	✓				✓		✓
United Access							✓	
Vocational Rehabilitation		✓						
Willows Way	✓							
YMCA			✓					